

CABINET FOR HEALTH AND FAMILY SERVICES Department for Public Health

Steven L. Beshear Governor 275 East Main Street, HS2W-D Frankfort, Kentucky 40621 Phone (502) 564-3827 Fax (502) 696-3885 Audrey Tayse Haynes Secretary

October 19, 2015

Dear WIC Coordinators:

The WIC Program has updated the WIC and Nutrition Manual for 2015-2016. The WIC and Nutrition Manual contains the policies and procedures to conduct operations for the WIC Program, Breastfeeding Peer Counselor Program, Community Nutrition and Medical Nutrition Therapy and the WIC Farmer's Market Nutrition Program. This update has been approved by the Regional Office of the Food and Nutrition Services for Kentucky operations. Attached to this letter are revision coversheets which outline the changes to the sections.

The updated Manual is located at http://chfs.ky.gov/dph/WIC+and+Nutrition+Manual.htm. You may download the Manual from this site or bookmark it for further reference.

The updates contained in the WIC and Nutrition Manual are effective November 1, 2015. The Clinical Nutrition section has been renamed the Clinical Nutrition and Breastfeeding Support section. The information regarding breast pumps has been clarified and expanded. A training will be provided on this portion of the Manual later this year. A section has been added that is labeled as financial. This section contains coding instructions for the WIC Program and the Breastfeeding Peer Counselor Program. The information contained in this section is not new information and has been transmitted previously via memos.

We wish to acknowledge the invaluable assistance of the multi-disciplinary Nutrition Workgroup, the Breastfeeding Regional Coordinators and the Breastfeeding Peer Counselor Supervisors in updating this Manual.

If you have any questions regarding the manual, please contact the Program at 502-564-3827.

Sincerely,

Fran Hawkins, MS, RD, LD

Manager

Nutrition Services Branch

Attachments

cc: Local Health Department Directors

WIC Sites

Breastfeeding Peer Counselor Supervisors



A. Ple	ase use a separate form for each section or for	m/teaching sheet.
WIC and Nu	trition Manual	
WIC and Nu	trition Section:	
⊠ wic c	ertification and Management	☐ Breastfeeding Peer Counselor Program
Food [Delivery/Data Section	☐ Vendor Management
Clinica	l Nutrition	WIC Farmers Market Nutrition Program
Comm	unity Nutrition and MNT	☐ Breastfeeding Regional Coordinator
Financi	al	
WIC and Nu	trition Manual Contact: Fran Hawkins	
WIC and Nu	trition Section Contact: Rhonda Goff/Rita Hatcher	
Changes in c	oding: YES 🛛 NO	
New abbrev	iations: YES 🔀 NO If yes, list new abbrevia	tions:
Are other fo	rms/ references affected by changes? YES NO) If yes, please indicate:
Branch Man	ager Signature:	Date:
Division Dire	ector Signature:	Date:
B. Stat	te the justification for the revisions and a list of the vided to Local Health Departments.	revisions including page number(s). This information will be
Page #	Revision	
Page 2 Page 3 Page 3 Page 4 Page 6	when providing WIC services to employees, ar must include a tracking method to document in	d in place to ensure a conflict of interest does not exist d relatives and household members. The procedure
r age /	nutrition education counseling. If appointments must be in place to assure that appointments a applicants/participants/caretakers to minimize the second sec	s are not routinely scheduled, a policy and procedure
Page 7	#4- LHD Operations should be Local Health Op	
Page 7 Page 8	#7—Remove: Refer to Food/Delivery/Data, Sc D, #3 – Change to: 3. Food benefit pick-up ap date of benefit issuance to prevent the participal	pointments must be scheduled prior to the last valid
Page 10	#8-LHD Operations should be Local Health Op	erations
Page 13 Page 19	#6-change Food Stamps to SNAP -#10-Verification of current Medicaid Presumpti	ve Eligibility by the health care provider that
•	determined it. This has changed and will be ve	rified by kynect.
Page 23	Insert updated WIC Income Eligibility Guideline #2- delete home in last sentence. (home, hospi	
Page 51	#6- "Mailing Food Instruments" should be Mailing	
Page 61	Change #6 to: To be valid, the VOC must cont	ain, at a minimum, the name of the participant and the
Page 61	beginning and ending dates of the certification	period, name and address of agency, and there must
	be eligibility remaining. If the VOC is determine for necessary information. If information canno	ed to be invalid, the transferring site may be contacted to be obtained, the person must be screened as a new

	applicant in the receiving site.
Page 63	#6 (d) Mailing Food Instruments should be Mailing/Uploading Benefits.
Page 64	#13-second bullet—Is there a PSRS daily missed appointment list (report 865)?
Page 66	#10—Is PSRS with Bridge
Page 68	#15-(g)—or the individual's home—this needs to be deleted
Page 68	#2 (f)- AR, Section 1 : General Information is no longer in AR.
Page 68	C(d)—delete since form had been eliminated.
	3. An agency/site may develop an advertisement on Social Media, i.e Facebook, Twitter, Local
	Agency Website. Developed materials for WIC must include the required non-discrimination
	statement. Refer to the Administrative Reference, SECTION: PERSONNEL, "CIVIL RIGHTS ACT OF
	1964." and Refer to CIO-061 Social Media Policy from the Office of the Chief Information Officer
	Enterprise Policy.
	a. A suggestion is for the WIC Coordinator to develop a rapport with Social Media administrators in
	their area, and alert them about formula and products advertised for sale on their site that may
	potentially have been purchased with WIC funds, and if so, is a program violation.
Page 70	B #1 (b) (2)- Change to read " Provide a WIC-54 When a child reaches age five (5), a postpartum
9	woman reaches six (6) months postpartum, a breastfeeding woman discontinues breastfeeding
	and does not qualify as a postpartum woman, or a breastfeeding woman's infant reaches age one (1).
	He/she is no longer eligible for the WIC Program.
Page 73	C #1 – add letter f Posting a WIC issued breast pump for sale in print or online, or allowing someone
. 490 . 0	else to do so.
Page 76	#1 add as last sentence A needs assessment must be conducted and submitted to the State WIC
. ago . o	Office for review and approval.
Page 79	Delete #4
Page 80	Add the following as the last sentence in the beginning paragraph: A needs assessment must be
r age co	conducted to evaluate, at a minimum, the following: number of persons to be served, services to be
	provided, staffing, budget, and equipment needs.
Page 82	#1-change 30 days to 90 days
Page 85	Ordering instruction screen capture is updated.
Page 86	List of forms at pamphlet library is updated.
Page 90	WIC Helps - change if we have the revised pamphlet available. WIC-RF Referral Form - this referral
rage 30	form has been eliminated.
	Tom has been eminimated.
C. INTE	RIM REVISIONS are revisions due to federal regulation or policy changes, have clinical or billing significance,
	necessary for LHD operations, and have an implementation date outside of regularly scheduled revisions.
	e if this is an interim revision, and complete boxes A and B above.
State implen	nentation date:
Commission	or's Office Deputy Commissioner Simpature.
COMMINSSION	er's Office Deputy Commissioner Signature:Date:

WIC and N	Nutrition Manual	
WIC and N	Nutrition Section:	
☐ WIG	Certification and Management	☐ Breastfeeding Peer Counselor Program
Food	d Delivery/Data Section	☐ Vendor Management
⊠ Clini	ical Nutrition & Breastfeeding Support	WIC Farmers Market Nutrition Program
Com	nmunity Nutrition and MNT	Breastfeeding Regional Coordinator
Finar	ncial	
WIC and N	Nutrition Manual Contact: Fran Hawkins	
	tate the justification for the revisions and a list one provided to Local Health Departments.	of the revisions including page number(s). This information will
Page #	Revision	Sourciones Securios (Superior de la complexión de Superior de la Complexión de Securior de Complexión de Securior
1	Updated name to reflect Breastfeeding Suppo	rt component
2	Updated Table of Contents	
10-19	Updated WIC Certification Forms to reflect new	w FNS Risk Code Definitions
20	1	ority to reflect new FNS Risk Code Priority for 601 & 602
21-23	Updated WIC Certification Nutrition Counselin	
28	Added information regarding Blood Lead Level	7
30	Updated Nutritional Risk Criteria Codes for Ref	
31-33	Updated WIC Follow Up Nutrition Education G	
38	Added information on Online Follow-Up Nutrit	-
15	Updated Reference Materials for Certification	and Follow-Up Counseling
19-50	Updated Formula Names	CVD.
53-56 57-63	Updated Food Package Descriptions with new	
57-03 57-72	Updated the Food Package Assessment/Select	ion/Counseling
73-72	Updated Medical Necessity Forms Updated Names of Formula and WIC Nutrition	alc
77-105	1	formula and WIC Nutritionals and new CVB amounts for women
110-111	Updated Policies and Procedures for Providing	
112	Added Breast Pump Decision Tree	breast rumps
L13	Updated Counseling For Breast Pump Issuance	
114	Updated Policies on Issuing Manual and Single	
117-118	Updated Breast Pump Assessment Checklist fo	,
119-120	Updated Single User Electric Breast Pump Agre	
21-122	Updated Instructions for Completing Manual a	
24-125	Updated Policies on Loaning and Renting Hosp	
.26-127	Updated Hospital Grade Loaner Electric Breast	Pump Agreement
28	Updated Breast Pump Assessment Checklist fo	r Hospital Grade Pumps
20	Updated Hospital Grade Loaner Electric Breast	Pump Tracking Log Instructions
129	Added Sample Breast Pump Retrieval Letter fo	r Hospital Grade Pumps
	Upgraded Procedures to Rent a Hospital Grade	Breast Pump
131	opgraded Procedures to Neilt a Hospital Grade	
129 131 132 132		fy Local Agency purchases and State Agency Purchases

☐ Check here if this is an interim revision, and complete boxes A and B above.	
State implementation date:	
WIC and Nutrition Section Contact: Nicole Nicholas	
Changes in coding: YES NO	
New abbreviations: YES NO If yes, list new abbreviations:	
Are other forms/ references affected by changes? TYES NO If yes, please inc	licate:
Branch Manager Signature:	Date:
Division Director Signature:	Date:

A. Please use a separate form for each section or form	n/teaching sheet.
WIC and Nutrition Manual	
WIC and Nutrition Section:	
WIC Certification and Management	Breastfeeding Peer Counselor Program
Food Delivery/Data Section	Vendor Management
Clinical Nutrition & Breastfeeding Support	WIC Farmers Market Nutrition Program
Community Nutrition and MNT	☐ Breastfeeding Regional Coordinator
WIC and Nutrition Manual Contact: Fran Hawkins	
WIC and Nutrition Section Contact: Nicole Nicholas	
Changes in coding: YES NO	
New abbreviations: YES NO If yes, list new abbreviat	ions:
Are other forms/ references affected by changes?	If yes, please indicate: Core Clinical Service Guide WIC
Branch Manager Signature:	Date:
Division Director Signature:	Date:
State the justification for the revisions and a list of the reprovided to Local Health Departments.	evisions including page number(s). This information will be
Page # Revision	
 Updated Table of Contents Updated Nutrition Services in Kentucky 	
4 Added Reimbursement for Medical Nutrition Therap	у
5-6 Updated Nutrition Services Program Planning	
 Updated Over the Counter Vitamins/Dietary Supplen Updated Basic Preventive Health Nutrition-Individua 	
9 Updated Nutrition Education Materials	Contact
10 Updated Basic Nutrition Services Preventative Health	n-Group Classes
11-12 Updated Referral Guidelines for Medical Nutrition Th	• •
 Updated Medical Nutrition Therapy Documentation Updated Medical Nutrition Therapy Assessment Forr 	
C. INTERIM REVISIONS are revisions due to federal regulations are necessary for LHD operations, and have an implementation of the control of	ntation date outside of regularly scheduled revisions.
☐ Check here if this is an interim revision, and complete boxes A State implementation date:	and B above.
Commissioner's Office Deputy Commissioner Signature:	Date:

A. Pl	ease use a separate form for each section or for	n/teaching sheet.
WIC and N	utrition Manual	
WIC and N	utrition Section:	
☐ WIC	Certification and Management	□ Breastfeeding Peer Counselor Program
Food	Delivery/Data Section	☐ Vendor Management
Clinic	cal Nutrition & Breastfeeding Support	WIC Farmers Market Nutrition Program
Comi	munity Nutrition and MNT	☐ Breastfeeding Regional Coordinator
Finan	cial	
WIC and N	utrition Manual Contact: Fran Hawkins	
WIC and N	utrition Section Contact: Nicole Nicholas	
Changes in	coding: YES NO	
New abbre	eviations: YES NO If yes, list new abbrevia	cions:
Are other f	forms/ references affected by changes? YES NO	If yes, please indicate:
Branch Ma	nager Signature:	Date:
Division Di	rector Signature:	Date:
	Revision Updated Table of Contents Updated WIC Breastfeeding Peer Counselor Policies Added Sample Peer Counselor Job Posting Updated Prenatal Contact Log Updated Breastfeeding Contact Log Updated Allowable Costs for Breastfeeding Peer Cou	
ar Check h		ion or policy changes, have clinical or billing significance, intation date outside of regularly scheduled revisions. and B above.

A. Pl	ease use a separate form for each section or forn	n/teaching shee	
WIC and N	utrition Manual		
WIC and N	utrition Section:		
☐ WIC	Certification and Management	Breastf	eeding Peer Counselor Program
Food	Delivery/Data Section		Management
Clinic	cal Nutrition & Breastfeeding Support	☐ WIC Fa	rmers Market Nutrition Program
Comi	munity Nutrition and MNT	Breastf	eeding Regional Coordinator
Finan	cial		
WIC and N	utrition Manual Contact: Fran Hawkins		
WIC and N	utrition Section Contact: Fran Hawkins		
Changes in	coding: YES NO		
New abbre	viations: 🗌 YES 🔀 NO If yes, list new abbreviat	ons:	
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Page #	Revision		Salat 250 260 260 260 260 100 260 260 260 260 260 260 260 260 260 2
	Revised date to October 1, 2015 Under letter G., changed the word "Screen" to "Form information for each vendor will be stored on the WI Corrected page numbers on Forms Index. Added Amendment – Kentucky WIC Vendor Agreeme Added Amendment – 2014-2015 Kentucky WIC Vend Added Notice of Extension of Kentucky WIC Program Replaced WIC-Approved Foods pamphlet with 2015-2 Updated WIC Revalidation Information "Screen" to "I with instructions to "Retain for three (3) federal fisca Replaced WIC Validation Information screenshot with	c Revalidation Sc ent (Rev. 7/14) or Agreement (Re Vendor Agreeme 2016 version. Form" and update years and destro new form.	reen." ev. 5/14) ent 07/15 ed instructions. Added Retention section by by burning or shredding."
	e necessary for LHD operations, and have an implement		ide of regularly scheduled revisions.
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Commissio	ner's Office Deputy Commissioner Signature:		Date:

А. Р	lease use a separate form for each section or for	m/teaching sheet.
WIC and N	lutrition Manual	
WIC and N	lutrition Section: WIC Farmers Market Nutrition Prog	ram (WIC FMNP)
☐ WIG	Certification and Management	☐ Breastfeeding Peer Counselor Program
Food	d Delivery/Data Section	☐ Vendor Management
Clini	cal Nutrition	☑ WIC Farmers Market Nutrition Program
Com	munity Nutrition and MNT	☐ Breastfeeding Regional Coordinator
Finar	ncial	
WIC and N	lutrition Manual Contact: Fran Hawkins	
WIC and N	lutrition Section Contact: Beverly Salchli	
Changes in	coding: YES NO	
New abbro	eviations: YES NO If yes, list new abbrevia	tions:
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Division D	irector Signature:	Date:
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Page #	Revision WIC FMNP Section	
4 17 21 25 26 27 28 29 30	Additional General Policies have been added. Voided Food Instruments Policies and Procedures for WIC FMNP Food Instrum Monthly Count of Unused Food Instruments Inventory Nutrition Education Qualifications for Markets Qualifications for Farmers Policy for New Market Applications Monitoring	
34 35 37 39 42 44 47 53 60 63 65 67 69	Forms Section Food Instrument Inventory Form WIC FMNP Farmer Training Checklist WIC FMNP Brochures WIC FMNP Bligible Food List – English and Spanish WIC FMNP Market Locations and Dates/Times of Ope Ky Proud Produce Benefits and Availability Examples of Handwritten WIC FMNP Food Instrument Kentucky WIC FMNP Program Agreements Kentucky WIC Program Farmers Market Application Fixentucky WIC FMNP Manual for New Approved Farm WIC Farmers Market Program Sign WIC FMNP Revalidation Information Form Kentucky WIC FMNP Complaint Form Reports Participation Usage Report Farmer Redemption Report	ts and Stubs

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☐ Check here if this is an interim revision, and complete boxes A and B above.
State implementation date:7/1/15

	Nutrition Manual	· · ·	
WIC and I	Nutrition Section:		
☐ WI	C Certification and Management	☐ Breast	feeding Peer Counselor Program
Foo	d Delivery/Data Section	☐ Vendo	r Management
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WIC and I	Nutrition Section Contact: Nicole Nicholas		
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5-6	Updated Allowable Costs for Regional Breastfeed	anig coordinator (83	3) Tulius

VIC and N	Nutrition Manual		
VIC and N	Nutrition Section:		
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Food	d Delivery/Data Section	☐ Vendo	r Management
Clini	ical Nutrition & Breastfeeding Support	WICF	armers Market Nutrition Program
Com	nmunity Nutrition and MNT	Breast	feeding Regional Coordinator
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